



# 2009-2010 Harpswell Recreation

## Ski/Ride and Learn to Ski and Ride Program at Lost Valley

### WHO?

- ♦ Children age **7** through **8th** grade that are a minimum of **48 inches** tall for lessons.
- ♦ Adults, teens and families in Harpswell. No lessons available for adults or those above 8th grade.
- ♦ Children in grades 2, 3 and 4 must be accompanied by a parent or guardian the **first two sessions**.
- ♦ Children under age **7** or **48** inches are welcome with a parent but do not qualify for lessons.

### WHEN?

- ♦ Fridays: January 8th through February 12 (6 weeks) from 5:00-7:00 pm.
- ♦ Lessons: 5:00-6:00 pm free time; 6:00-7:00 pm lesson.
- ♦ Ski/Ride: 2 hour pass from 5:00-7:00 pm.

### HOW?

A bus will run from Harpswell Islands School to Lost Valley and back. Students will need an early dismissal note to ride the bus. Any participant or parent may ride the bus. Parents may transport children by personal vehicle. Middle school students must provide their own transportation to Lost Valley or to HIS to ride the bus.

### EQUIPMENT

A pre-fitting for equipment rentals will be held on December 16th at 7:00 pm at the Brunswick Recreation Center. Those who are not pre-fitted will miss part of their time at the first session. Helmets are not available at Lost Valley but are highly recommended by Harpswell Recreation.

### SKI/RIDE TIME

**1 hour ski/ride** from 5:00-6:00pm for those signed up for lessons. Beginners can practice on the beginners slope during this time. Ski/ride time for those not taking lessons 5:00-7:00 pm. Young children should be supervised by a parent/guardian.

### LESSONS

**1 hour lesson** from 6:00-7:00 pm. If your child is signed up for lessons, an announcement will be made when it is time to report for lessons. Cones and numbers will be used to denote classes. Class lists will be posted. The hour before lessons is free time (to eat dinner) or practicing in the corral area on the slope.

### LIFT TICKETS

Tickets will be distributed each session in the lodge dining area. A Harpswell parent or representative will be stationed in the lodge to distribute tickets, answer questions and help kids.

### BE ADVISED

Ski/Ride levels 1 and 2 may not be capable of riding the chairlift during the first few weeks. These students can gather in the learning corral to work on skills. Second through fourth graders in level 1 must be accompanied by a parent/guardian until they are able to ride the chairlift.

### INCLEMENT WEATHER/CANCELLATIONS

A decision not to go will be made by 1:00 pm on the Friday of the event. Schools will be notified and asked to make an announcement. The receptionist at the Town Office will also be informed and parents may call the Town Office at 833-5771. Cancellations will also be posted on the Town Website: [www.harpswell.maine.gov](http://www.harpswell.maine.gov) > Town Departments > Recreation > Cancellations

### ADDITIONAL INFORMATION

Once you are registered for this program additional information will follow as we get closer to the start date. If you have any questions in the meantime please contact Gina Perow at 833-5771 or [harpswellrec2@suscom-maine.net](mailto:harpswellrec2@suscom-maine.net)

**PLEASE READ THROUGH ALL INFORMATION IN THIS PACKET THOROUGHLY**

# SKI/RIDE LEVELS

**\*\*Be sure to put your child's level on the registration page\*\***

## Level 1

- **Ski:** You have never skied before.  
**Snowboard:** You have never snowboarded before.

## Level 2

- **Ski:** You have skied before and can stop in a wedge.  
**Snowboard:** You can perform a skidded traverse on both heel-side and toe-side edges and can stop.

## Level 3

- **Ski:** You are comfortable making wedge turns on easier green runs.  
**Snowboard:** You can perform skidded traverses in both directions with confidence and can make basic turns in both directions.

## Level 4

- **Ski:** You are beginning to match your skis at the end of each turn. You are comfortable on green runs.  
**Snowboard:** You can turn in both directions with speed control and are working on linking turns.

## Level 5

- **Ski:** You are matching your skis earlier in each turn. You ski green and easier blue runs.  
**Snowboard:** You are linking skidded turns with good speed control and shape, and are seeking more challenging terrain.

## Level 6

- **Ski:** You match your skis near the beginning of each turn, and you ski a mixture of blue and green runs.  
**Snowboard:** You are confident on most intermediate terrain under good conditions and are beginning to carve turns.

## Level 7

- **Ski:** You are comfortable making open parallel turns with a pole plant on green and blue runs.  
**Snowboard:** You are comfortable on all intermediate terrain under good conditions. You are fine-tuning carved turns and seeking more challenging terrain including bumps and varying snow conditions.

## Level 8

- **Ski:** You can make short, controlled parallel turns on blue and most black runs.  
**Snowboard:** You are confident performing carved turns and are refining technique in all snow conditions and terrain.

## Level 9

- **Ski:** You make strong, linked parallel turns on black runs in a variety of conditions.  
**Snowboard:** You can negotiate the entire mountain with confidence and ease, working on the fine points of efficiency and exploring the extremes of riding.

# 2009-2010 Lost Valley Ski and Ride Registration

**\*\*\$15 Late Fee Per Participant AFTER December 10, 2009. Fee goes to Lost Valley.\*\***

Participants First and Last Name (Kids and Adults)	DOB	Ski or Ride	Lesson Ability Level (See page 2)	Option Letter from below (A, B, C or D)	\$ TOTAL From below
<b>**After December 10 please add \$15 late fee per participant.**</b>					
<b>GRAND TOTAL</b>					

## PACKAGE OPTIONS

- Option A:** 1 hour lesson & 1 hour ticket with your OWN equipment = .....\$110  
**Option B:** 2 hour ski/ride ticket with your OWN equipment = .....\$60  
**Option C:** 1 hour lesson & 1 hour ticket with 2 hour RENTAL equipment = .....\$190  
**Option D:** 2 hour ski/ride ticket with 2 hour RENTAL equipment = .....\$140

## REGISTRATION INFORMATION

Parent/Guardian Name \_\_\_\_\_

Address: \_\_\_\_\_ Town \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_ Other Phone \_\_\_\_\_

Emergency Contact between 3:00 and 8:30 pm \_\_\_\_\_

Relationship to Registrant \_\_\_\_\_ All Phone #'s \_\_\_\_\_

## TRANSPORTATION INFORMATION

Child will travel TO Lost Valley by: \_\_\_\_\_ CAR \_\_\_\_\_ BUS  
 Child will travel BACK by: \_\_\_\_\_ CAR \_\_\_\_\_ BUS

Driver Name: \_\_\_\_\_ I will be at Lost Valley: \_\_\_\_\_ Yes \_\_\_\_\_ No

**PARENTS** (A limited number of chaperones and ticket/lodge chaperone will receive a free ticket)

Check appropriate boxes.

- ☐ I can help children with rentals
- ☐ I can help students find classes
- ☐ I can be a bus chaperone
- ☐ I can give out tickets and sit in the lodge

**Make checks payable to: Town of Harpswell Mail to: PO Box 39 Harpswell, Maine 04079  
 or drop off at Town Office**

**LOST VALLEY SKI AREA  
AUBURN, ME and HARPSWELL RECREATION  
WARNING, ASSUMPTION OF THE RISK, LIABILITY RELEASE, INDEMNITY AND HOLD HARMLESS AGREEMENT AND  
AGREEMENT NOT TO SUE  
PLEASE READ CAREFULLY BEFORE SIGNING**

## WARNING

Each person who participates in the sport of skiing accepts, as a matter of law, the risks inherent in the sport. "Inherent risks of skiing" means those dangers or conditions that are an integral part of the sport of skiing, including, but not limited to: existing and changing weather conditions; existing and changing snow conditions; surface or subsurface conditions; trees and other natural objects and collisions with or falls resulting from such natural objects; lift towers, hydrants, snowmaking and snow-grooming equipment, trail maintenance vehicles, snowmobiles, and other man-made structures or objects; collisions with or falls resulting from such man-made objects; variations in steepness or terrain; snowmaking and snow-grooming operations; freestyle terrain, jumps, roads and catwalks and other terrain modifications; the presence of and collisions with other skiers; and the failure of skiers to ski safely, in control or within their own abilities.

I understand that skiing, snowboarding and related activities are HAZARDOUS and that injuries are common and ordinary occurrences during these activities. I AGREE FREELY AND VOLUNTARILY ASSUME ALL RISKS, including the risk of death, injury or damage associated with being permitted to use the ski area and its premises.

I hereby agree for myself, and for anyone on my behalf, to the fullest extent allowed by law, TO RELEASE, INDEMNIFY, AND HOLD HARMLESS Lost Valley Ski Area and Harpswell Recreation, its owners, directors, officers, employees and agents, from any and all responsibility and legal liability for any property damage, personal injury, damages or death based upon any cause or claim arising from my use of the ski area and its premises, including any claim of breach of contract, or other legal theory, including NEGLIGENCE, directly or indirectly.

I PROMISE NOT TO SUE Lost Valley Ski Area or Harpswell Recreation, its owners, directors, officers, employees, and agents, and to INDEMNIFY, HOLD HARMLESS AND DEFEND them if any claim or action is pursued, for any injuries, damages or death I may sustain associated with my being permitted to use the ski area and its premises. Should any claim or action be asserted in contravention of this agreement, I or my successors shall be liable for all expenses, INCLUDING LEGAL FEES, incurred by the party or parties against whom the claim or action is asserted. I agree that should a claim or action be brought, it shall be submitted to the jurisdiction of the State or Federal Court in the State of Maine, and no other jurisdiction, and shall be governed by the laws of the State of Maine.

I understand this agreement is intended to provide a COMPREHENSIVE RELEASE OF ALL LEGAL LIABILITY which is binding upon me, my heirs, agents and assignments, that it is not intended to assert any claims or defenses that are prohibited by law, and that if any part of this agreement is held to be invalid or unenforceable, the remainder shall be given full force and effect.

As the parent/guardian with legal responsibility of the minor pass holder(s), named below, I verify that I have the authority to enter into this agreement on behalf of the minor child. I have read, understood and agree that the minor child and anyone on behalf of the minor child, including me, is bound by the terms of this WARNING, ASSUMPTION OF THE RISK, LIABILITY RELEASE, INDEMNITY AND HOLD HARMLESS AGREEMENT AND AGREEMENT NOT TO SUE. Furthermore, if any claim or action is brought in contravention of this agreement, including any claim alleging NEGLIGENCE, I agree to INDEMNIFY, HOLD HARMLESS AND DEFEND, Lost Valley Ski Area and Harpswell Recreation, its owners, directors, officers, employees, agents and sponsors, for any and all expenses incurred INCLUDING LEGAL FEES, and any DAMAGES for which they may be adjudged legally liable to pay.

_____ Student Name	_____ Student Signature (If 18 yrs. of age)	_____ Date
_____ Student Name	_____ Student Signature (If 18 yrs. of age)	_____ Date
_____ Student Name	_____ Student Signature (If 18 yrs. of age)	_____ Date
_____ Parent or Legal Guardian Name	_____ Parent or Guardian Signature Date	_____ DOB